



Australian Government

Department of Climate Change, Energy, the Environment and Water  
Australian Antarctic Division



AUSTRALIAN  
ANTARCTIC  
PROGRAM

## Reimbursement of expenses – Personal hygiene products and care requirements

Expeditioners travelling to the Antarctic and sub-Antarctic can claim reimbursement for the cost of personal hygiene products and care requirements e.g. menstrual products, sexual health, contraception.

The maximum reimbursement entitlement is determined by the length of time an expeditioner is in Antarctica. Please select the duration of your participation in the AAP below:

Wintering Expeditioner	\$300.00	
Long Summer (8 weeks or more)	\$160.00	
Short Summer (less than 8 weeks)	\$80.00	

### Reimbursement Process

1. Purchase your personal care products from a store of your choice or consult your GP for sexual health advice.
2. Complete this form and return it with a copy of your receipt to [polarmedscreening@aad.gov.au](mailto:polarmedscreening@aad.gov.au)

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### All expeditioners please complete this section

Name: \_\_\_\_\_ Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Total to be reimbursed: \$ \_\_\_\_\_ as per attached receipts.

AAD employed expeditioners will be reimbursed via EFT into their previously nominated account.

### Non-AAD employed expeditioners only

Please complete your details below to enable reimbursement to be paid into your bank account.

Address: \_\_\_\_\_

Phone number: \_\_\_\_\_

BSB: \_\_\_\_\_ ACCOUNT NO: \_\_\_\_\_

Email address for remittance advice: \_\_\_\_\_